How To Write A Compounded Hormone Prescription

Considerations for a Compounded Hormone Prescription

Combinations of hormones are often prescribed and many time there are terms that are commonly used in compounding that are not official terms.

It is important to be clear about:

- 1. The ratio of the hormones that are being used
- 2. The strength of the individual hormones that are being combined

Common Terms Used on Hormone Prescriptions

Bi-Est

A mixture of two estrogens:





Estriol Estradiol

Tri-Est

A mixture of three estrogens:







Estriol Estradiol Estrone

Both Bi-Est and Tri-Est can vary in ratios and concentrations.









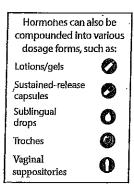


Hormones delivered topically can be prescribed to deliver the specific amounts in various volumes depending on the patients' needs or prescribers' preferences.

Example: Bi-Est 50/50—1 mg may be compounded in volumes such as 0.25 mL, 0.5 mL, or 1 mL

Prescriptions should be written to specifically state the dose per volume.

Example: Bi-Est 50/50— 1 mg/0 5 mL



Our pharmacists will be happy to discuss formulations and answer any questions.

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	oounded Medication*		
1.	Generic Name of Active Ir	d contain the following 4 basic compagredients(s) / Strength or Dose (i.e.,	
	Dosage Form (i.e., Suppos Quantity	itory, Transdermal Gel, Troche)	
	Directions for Use	,	
	*Prescription should be	egin with the phrase "Compounded I	Medication
Εx	ample for Cream or Gel		
	Example 1: Bi-Est 50/50 0.5 Topical Cream (or Gel) (Vers	<u>u</u>	
	Apply mL time: Dispense;mL Refills:	s/day*	Total control of the
<u> </u> 	Example 2: Tri-Est 80/10/10 Progesterone 25 mg/mL Top	0.625 mg/mL/ pical Cream (or Gel) (VersaBase*)	
	Apply mL times Dispense:mL Refills:	i/day* * For cycling women, specify days of the month of use	
Exc	mple Troches/Vaginal Suppos	itories/Capsules:	
	Example 1: Bi-Est 50/50 0.5 n Troche (or SR Capsules)	ng/Progesterone 25 mg	
	Use (or Take) Troche (or Vaginal Suppositorie Dispense:Troches (o Refills:		
	Ex <i>ample 2:</i> Estriol 1 mg/gm V	aginal Cream (VersaBase®)	
	Insert gm intra-vagir Dispense:gm	nally (frequency)	
	Refills:	For cycling women, specify days of the month of use	
Exa	mple Sublingual Drop:		_
	Bi-Est 80/20 1.25 mg/mL S	Sublingual Drop	
	Use drops (or mL) u tongue times/day* Dispense:mL	nder the	
٠.	D. C.H	For cycling women, specify days of the month of use	

* For cycling women, specify days of the month of use